



Our Teams - The York House Tigers

Junior

Fall

Cross-country Running (grades 3-6)
Volleyball (grade 5 and 6)
Swimming (grades 3-7)

Winter

Basketball (grade 5 and 6)
Swimming (grades 3-7)

Spring

Track and Field (grades 3-7)

Senior

Fall

Volleyball (grade 7, grade 8, junior (9/10), senior (10/11/12))
Cross-Country Running (grades 7-12)
Field Hockey (grade 7-12)
Swimming (grade 7-12)

Winter

Basketball (grade 7, grade 8, junior (9/10), senior (10/11/12))
Badminton
Wrestling * if student interest

Spring

Track and Field (grade 7-12)
Soccer (grade 7-12)
Ultimate (junior (8/9/10), senior (10/11/12))
Netball (junior (7/8/9) senior (10/11/12))
Spring Basketball / Volleyball * open gym/training